

## MENU GUIDE

[V] Vegetarian  
[GF] Gluten Free  
[PF] Paleo Friendly  
[SF] Superfood  
[SS] Saba Slim – Under 250 cal  
[SL] Saba Light – Under 400 cal

\* Mild  
\*\* Medium  
\*\*\* Spicy  
\*\*\*\* Very Spicy  
\*\*\*\*\* Extra Spicy

Rice is served with Saba dishes, woks and curries, but is not included in the calorie count.

If you have any special dietary requirements please inform your waiter.

All our beef, pork and chicken are Irish.

All our dishes are dairy free, except for our Mango & Lime Mayonnaise dip and our desserts.

A discretionary gratuity of 12.5% will be added for parties of six or over.

For more allergen information on our dishes please refer to our allergen list at reception.

**Tangy Tempura Pak [V]** €8.50  
Tempura vegetables served with a mustard lime mayonnaise

**Satay Gai [GF] [SL]** €9.95  
Grilled chicken skewers with a peanut sauce.

**Por Pia Thod [V]** €7.95  
Crispy vegetable spring rolls with wood ear mushrooms and served with plum sauce

**Hoisin Duck Rolls [SL]** €9.95  
Aromatic confit of duck wrapped in pancakes with julienne of leek, cucumber and hoisin sauce [served at room temperature]

**Prawn Summer Rolls [GF] [SF] [SS]** €8.95  
With tiger prawns, vermicelli noodles, green papaya, bean sprouts, carrot, mint and Thai sweet basil

**Ga Cuon Rau [SL]** €9.95  
Stir fried minced chicken fillet with hoisin sauce, ginger soy sauce, sesame oil, ginger, fried shallots and spring onions accompanied with iceberg lettuce wraps, red onion and carrot julienne

**Sun Dried Pork\*\* [SS]** €8.95  
Deep fried marinated pork with palm sugar, soy and white sesame seeds. Served with hot chilli sauce

**Gingergrass Salad\* [V] [GF] [SS] [SF]** €14.95  
Ruby chard, mizuna, mint, beansprouts, ginger, lemongrass, butternut squash, red wine vinegar dressing and roasted pumpkin seeds

**Clare Island Organic Salmon\*\*\* [GF]** €16.95  
With string beans, snow peas, sweet potato, baby mixed leaves, served with a mint, lemongrass and chilli dressing

**Grilled Red Chicken Salad\*\*\* [GF] [SL]** €13.95

Chicken marinated in red curry paste and served with onion, spring onions, shredded carrots, birds eye chillis, peanuts, iceberg lettuce and a tangy dressing

**Garlic Tiger Prawns\*\*\* [GF] [SL]** €16.95  
Chargrilled tiger prawns with garlic served with mixed Irish Organic seaweed salad, edamame beans and sesame seeds

## SABA DISHES

These are signature main course dishes created by our Executive Chef, Taweesak Trakoolwattana

**Grilled Lemongrass Rib Eye Steak 10oz\*\*\* [SS] [SF]** €26.95  
With Asian slaw of white cabbage, red cabbage, green papaya, crushed chilli, fried shallots, cashew nuts and a tamarind palm sugar sauce

**Pan Fried John Dory with Thai Herbs\*\*\* [SF] [SL]** €26.95  
With Thai herbs, ginger, lemongrass, lime, shallots, kaffir lime leaf, mint, cashew nuts, birds eye chilli and chilli paste in an oil lime dressing

**Chargrilled Pork with Vietnamese Kim Chi\*\*** €21.95  
Chargrilled pork served with kimchi and a tamarind dipping sauce

**Phad Krapow Gai\*\*\*\*** €19.95  
Stir fried spicy chicken with baby corn, onions, peppers, birds eye chilli and basil topped with fried eggs

## APPETISERS

**Prawn Crackers** €3.50  
With a peanut satay & sweet chilli sauce

**Sea Salt Chilli Squid\*\* [SF]** €9.95  
With chilli, sea salt, spring onions and a sweet chilli sauce

**Prawn Pomelo Mieng Kam\* [GF] [SS]** €10.95  
Steamed tiger prawns with shredded roasted coconut, ginger, shallots, lime, and birds eye chillis with tamarind shrimp paste and a palm sugar sauce

**Sticky Saba Chicken Wings\* [GF]** €9.95  
With a soy sauce, honey and sesame glaze served with a tamarind dip

## CURRIES

All curries served with a Thai jasmine steamed rice.

**Massaman Chicken\*** [GF] €17.95

With potatoes, onions, peanuts and crispy shallots

**Green Monkfish\*\*\*** [GF] [SF] €21.95

With pea aubergine, bamboo shoots, string beans, peppers, chillis and sweet basil

**Gaeng Karee Fuktong\***

[V] [GF] [SL] €16.95

Aromatic yellow curry with butternut squash, sweet potatoes, onions and potatoes

**Gaeng Pet Nua\*\*\*** [GF] [SL] €18.95

Red beef curry with pea aubergine and sweet basil

## NOODLES

**Phad Thai\*** [SF] [GF] €15.95

Rice noodles with peanuts, egg, beansprouts and lime with chicken and prawns

**Phad Thai Jay\*** [V] [SF] €14.95

Rice noodles with tofu, vegetables, peanuts, egg, beansprouts and lime

**Saigon\*** €15.95

Vermicelli noodles with prawns, pork, egg, carrots, beansprouts and spring onions Vietnamese style

**Phuket\*\*\*** [SL] €15.95

Egg noodles with prawns, chillis, string beans and holy basil

**Bangkok\*\*\*\*** [SF] [SL] €15.95

Rice noodles with beef, onions, peppers, chillis, spring onions and sweet basil

## WOK

All wok dishes are served with a Thai jasmine steamed rice. Choose your favourite style:

**Xao Hao Lo (Sao-Hua-Ler)** [SL]

With asparagus, oyster mushrooms, babycorn, snow peas and cashew nuts

**Phad Khing\*** [SL]

With ginger, shitake mushrooms, spring onions, babycorn and peppers

**Phad Prik Sod\*\*\*** [SF] [SL]

With chillis, onions, peppers, mushrooms and sweet basil

**Boom!!!\*\*\*\*** [SF] [SL]

Fiery stir-fry with red curry paste, birds eye chillis, string beans, fresh peppercorn and galangal root

**Sweet & Sour**

With cucumber, onion, cherry tomatoes, pineapple and spring onions

**Now choose from the following:**

**Chicken** €17.95

**Beef Fillet** €18.95

**Tiger Prawns** €18.95

**Vegetables & Tofu** €15.95

## NOODLE SOUP

**Pho Bò** [SF] [SS] €15.95

Rice noodle soup with beef and sweet basil served with bean sprouts, basil and condiments

## PALEO

**Caveman Chicken\*\*** €17.95  
[PF] [SF] [SL]

Butternut squash, sweet potato, bok choy, carrot, broccoli, peppers, Chinese leaves, mushrooms and lime in a red curry sauce  
**[Rice not included]**

**Primal Green Prawn\*\*\*\*** €18.95  
[PF] [SF] [SL]

Green curry paste, coconut milk, bamboo shoots, aubergine, peppers, kaffir lime, sweet basil, butternut squash and broccoli  
**[Rice not included]**

## SIDES

**Phad Fuktong** [V] [SF] [SL] €6.50

Stir-fried butternut squash with cashew nuts, spring onions and egg

**Broccoli and Baby Bok Choy** [V] [SS] €6.50

Stir-fried greens with a garlic and soy sauce

**Saba Brown & Red Rice** [SL] €3.50

**Steamed Jasmine Rice** [SL] €2.50

**Fried Egg Noodles with Beansprouts & Carrot** [SL] €5.50